

Waltz Optical Illusion and Tandem Turns
Workshop by Donna Hunt for Mostly Waltz 3-26-2017

(L) Lead, (F) Follower, CW Clockwise, CCW Counterclockwise

Open Waltzing

Transition INTO Cape /Promenade position (C/PP) with (F) on right side of couple

1. 123 (F) backs away, 456 (L) changes (F) right hand to (L) right hand and (F) ends on right side of couple in (C/PP) right hand in right hand and left hand in left hand.
2. 123 (L) ducks under joined hands and (as above) (optional: 456 123 travel forward), 456 (L) changes hands so (F) ends on right side of couple in (C/PP)
3. 123456 (F) twirls CW under joined arms 1 ½ times and (L) changes hands over (F) head into (C/PP)

Return to Closed Position

1. 123456 Simultaneously: (L) releases right hands and brings joined Left hands over (F) head turning CW ½ WHILE stepping in place or slightly backwards to accommodate partner.

At completion of twirl:

- (L) place (F) left hand onto (L) right shoulder, or
 - (L) put own left arm over own head and drop or place (F) left hand onto (L) right shoulder
2. 123456 Simultaneously: (L) releases right hands and brings joined Left hands over (F) head turning CW ½, then lower joined left hands for (F) free spin (frisbee spin) 1 x CW and return to closed position.

Optical Illusion Turn: Begins in Cape/Promenade position (C/PP) with (F) on the right

123 in place, 456 (L) steps in front of (F) and turns to face line of direction (WHILE moving own hands from (L) right side of body to (L) left side of body) WHILE 456 (F) turns CW in place.

END RESULT (F) goes from right side to left side of the couple but may not be quite all the way around.

Finish turn with 123456 (L) brings partner in front and returned to the right side of couple facing line of direction

Optical Illusion Turn: Begins in Cape/Promenade position (C/PP) with (F) on the left

123 (L) steps in front of (F) and turns to face line of direction (WHILE moving own hands from (L) left side of body to (L) right side of body) WHILE 123 (F) turns CW in place. 456 as a couple in place with (F) on right side of couple.

END RESULT (F) goes from left side to right side of the couple but may not be quite all the way around.

Finish turn with 456 if needed otherwise in place. To bring (F) back to left side: 123456 (L) brings partner in front and returned to the left side of couple facing line of direction

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(L) Lead, (F) Follower, CW Clockwise, CCW Counterclockwise

#1 Transition into (L) right "Chicken Wing" position from Cape/Promenade position (C/PP)

FINISHED POSITION: (L) with right arm in "Chicken Wing" with (F) on left side of couple

(Note: Can be done slowly taking 6 steps for each part noted below if desired)

123 (L) step in place WHILE (L) lifts joined left hands over (F) head to initiate CW turn THEN (L) lowers joined right hands to (L's) hip as (F) turns back and...

456 (F) moves behind (L's) back to the left of the couple into "FINISHED POSITION" noted above.

Tandem Turns from (L) right "Chicken Wing" with (F) on Left

123 Simultaneously: (L) releases right hands and lifts joined left hands over (F) head to initiate CCW turn,

456 WHILE (F) continues to turn CCW, (L) turns CCW under joined left arm and (L & F) right hands are joined behind (L) back again. (F) remains on left side of couple throughout this turn.

123456 Travel forward and Tandem turn again

Return to Closed Position from (L) right "Chicken Wing" with (F) on left

123456 Simultaneously: (L) releases right hands and brings joined Left hands between couple to initiate (F) turning CW 1 ½ WHILE stepping in place or slightly backwards to accommodate partner.

At completion of twirl: see return to closed position above

#2 Transition into (L) left "Chicken Wing" position from Cape/Promenade position (C/PP)

FINISHED POSITION: (L) with left arm in "Chicken Wing" with (F) on right side of couple

(Note: Can be done slowly taking 6 steps for each part noted below if desired)

123 (L) step in place WHILE (L) lifts joined right hands over (F) head to initiate CCW turn in front of (L) THEN (L) lowers joined left hands to (L's) hip as (F) turns back and...

456 (F) moves behind (L's) back to the right of the couple into "FINISHED POSITION" noted above.

#2 Tandem Turns from (L) left "Chicken Wing" with (F) on Right

123 Simultaneously: (L) releases left hands and lifts joined right hands over (F) head to initiate CW turn,

456 WHILE (F) continues to turn CW, (L) turns CW under joined left arm and (L & F) left hands are joined behind (L) back again. (F) remains on right side of couple throughout this turn.

123456 Travel forward and Tandem turn again

Return to Closed Position from (L) left "Chicken Wing" with (F) on right

123456 Simultaneously: (L) releases left hands and brings joined right hands between couple to initiate (F) turning CCW 1 ½ WHILE stepping in place or slightly backwards to accommodate partner. (L) releases right hands (approx. 456) allowing (F) to complete turn solo while (L) prepares to connect with (F) in closed position again

** Can create more graceful motion by "turning as a couple" before doing twirling above: with (L) backing up and (F) dancing forward 180 degrees 123456 .